

CURRICULUM VITAE

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National training & Development Coordinator – Tusla (Children & Families Agency)		
Director – TransformAction International		
Director – Circle of Courage Institute (UK/Ireland)		
FORMAL EDUCATION QUALIFICATIONS		
Qualification	Key Subject(s)	Awarding Body & Date
BSc (Hons)	Applied Psychology	University of Ulster (1991)
NDip (Distinction)	Business & Management	DIT (1997)
Masters (Honours)	Project Management	University of Limerick (2001)
Masters Degree (Honours)	Psychotherapy & Psychoanalysis	UCD (2004)
NCert (Honours)	Training & Development	NUI – Maynooth (2007)
Doctor of Philosophy (PhD)	Therapeutic Child & Youth Care	HETAC – DKIT (2010)

OTHER TRAINING/DEVELOPMENT COURSES		
Programme/Qualification	Key Subject(s)	Awarding Body & Date
Therapeutic Crisis Intervention	Intervention skills	Cornel, 2002
RAID Training	Psychological approach	APT – Leister, 2003
Multi Sensory Trauma Processing	Trauma Therapy	Dr. Nancy Davis, 2004
DICES Risk Assessment -	Risk Assessment	APT – Leister, 2006
Train the Trainer	General ‘trainer’ subject	ILM Limerick, 2006
Response Ability Pathway	Resiliency approach	Circle of Courage Institute, 2007
Children First Trainer	Children First	NEHB – Drogheda, 2007
National Certificate	Facilitation Skills	W.I.T. - Empower Training, 2007
Developmental Audit Trainer	Needs based ecology scanning	Circle of Courage Institute, 2010
Deep Brain Learning Trainer	Neurology & Challenging Youth	Circle of Courage Institute, 2010
VIA Assessment - Consultant	Strength based assessments	VIA Institute - London, 2010
Daily Life Events	Therapeutic Child and Youth Care	TransformAction International (2011)
Outcomes That Matter Trainer	Outcome recording & monitoring	TFAi – South Africa -2012
Executive Coaching	Coaching	ICF - 2012

Employment History			
DATE	Employer	Title	Brief Detail
1991	Eastern Health & Social Services	Residential Social Worker	Working with adults and children with learning disability.
1992	Dept of Education, Oberstown Boys Centre	Residential Care Team & Board of Management	Child and youth care duties. BoM from 1996 - 1999. I was involved in project managing from 2000 to leaving service in 2001.
2001	NEHB / Controlled Therapeutic Unit	Unit Manager	Managing Unit, coordinating assessment of needs, personnel management, writing / reviewing policies & protocols, financial management.
2002/13	HSE / High Support Service	Deputy Director / Clinical Coordinator	Clinical coordination, policies and procedures drafting, Admissions Panel, Senior Management Team and Training Manager.
2007/08	Dundalk institute of Technology	Coordinator & Lecturer	Developed, coordinated and delivered module on Applied Social Studies course.
Present	Tusla - Children and Families Agency	National Training & Development Coordinator	Manage accreditation process of national training modules via external qualification & registration bodies, manage CPD Framework, oversee evaluation of training and development programmes and specific workforce development projects.

Conference Presentations			
Date	Title / Type	Conference	Location
Oct. 2004	Where needs and Service meet.	High Support International Conference	Monaghan – Ireland.
Nov 2004	Assessment models in Residential Care.	Cooperation & Working Together Conference	Monaghan – Ireland.
May 2005	Exploring your Context – Discovering your Path (Key note)	Nova Scotia Child & Youth Care Association Conference	Truro, Nova Scotia, Canada.
Oct. 2005	Humour in Child & Youth Care.	Cavan & Monaghan Psychology EXPO	Monaghan - Ireland.
Jan. 2005	What do you take in your tea?	Special Residential Service Board Conference	Tullamore - Ireland.
Mar. 2008	Response Ability Pathways – the way forward.	Irish Association of Social Care Educators Conference	Dublin - Ireland.
Sep. 2008	Humour as a valid intervention in Child & Youth Care.	Reclaiming Youth International Conference	Detroit, Michigan - USA.
Nov. 2008	Circle of Courage Application (RAP).	Irish Association of Foster Carers	Trim – Ireland.
Jun. 2009	Strength based interventions with youth.	International Foster Carers Association.	Dublin - Ireland.
Jun. 2010	Humour to Connect with Youth in Crisis	Blackhills Seminars and reclaiming Conference	South Dakota – USA.
Jun. 2011	The Use of Humour in Child and Youth Care.	Scottish Institute of Residential Child Care	Glasgow - Scotland.
Dec. 2011	Intervention and treatment methods in High Support	Psychology Society of Ireland Annual Conference	Galway - Ireland.
Mar. 2012	Humour in Child and Youth Care	CYC-NET International Congress	Paisley - Scotland.
Mar. 2012	Deep Brain Learning	Efect Conference.	Paisley - Scotland.
Mar. 2012	Taking Stock	Social Care Ireland National Conference.	Kilkenny - Ireland.
Sept. 2012	The Therapeutic use of Cheese: Humour in CYC	Ignite Conference,	NSW - Australia

Mar 2013	Outcomes That Matter.	Social Care Ireland Conference,	Limerick - Ireland
Jun 2013	Humour, resilience and positive psychology in CYC,	CYC World Conference,	St Johns, Canada
Books			
<ul style="list-style-type: none"> • Co-editor of “The Therapeutic Use of Daily Life Events”, with Dr Thom Garfat and Dr Leon Fulcher. Published by Pretext Publishing, South Africa, 2012 • Co-editor of ‘Making Moments Meaningful’ with Dr Thom Garfat and Dr Leon Fulcher. Published by Pretext Publishing, South Africa, 2013 			
Book Chapter			
Digney, J. & Smart, M. (2014) Doing Small Things with Great Kindness: The Role of Relationship Kindness and Love in Understanding and Changing Behaviour. Dublin (Pending, Spring 2014)			
Journal Editor			
Guest Editor – Special Edition of Relational Child & Youth Care Practice (With Dr L. Fulcher and Dr. T.F. Garfat). Volume 26:2 (2013)			

Current & Previous Affiliations

- Dundalk Institute Technology – Research Centre
- Dundalk Institute of Technology – Disciplinary Committee
- Irish Association of Social Care Managers
- Foster Carers Approval Committee – DNE (Meath)
- Member of Association of Psychoanalysts and Psychotherapist Ireland (APPI)
- Treasurer & Coach/Manager – Walshestown Football Club
- *Psychological Society of Ireland*
- *British Psychological Society*
- *Irish Association of Social Care Workers*
- *Project Management Institute (PMI)*
- *Irish Management Institute (IMI)*
- *Steering Committee – Children Acts Advisory Board (Therapy in Residential Care)*
- *National High Support Managers Forum*
- *Special Residential Services Board(CAAB) Network Group*